



What's on?

EVENTS SCHEDULE

SUMMER 2026

Guided tours organised by the Maison des Guides Enquiries and bookings at the tourist information office

Tuesday	1.00 pm to 3.00 pm Montmin Canyon (Vésonne 74) introductory descent: €60 / person 9.00 am to 12.00 pm Montmin Canyon: the full tour €70 per person
Tuesday and wednesday	8.30 am to 1 pm Roc du Vent via ferrata: €95 per person. Equipment provided
Tuesday and wednesday	4.00 pm to 5.30 pm Climbing lesson / taster session: €45 per person (minimum 2 people / maximum 4 people)
Tuesday and wednesday	5.45 pm to 7.15 pm: Guided Via Cordata: €45 per person (minimum 2 people / maximum 4 people)
On demand	Contact the Maison des Guides: bureauidesguidesdubeaufortain@gmail.com Mountain climbing: ascent of the Pierra Menta – multi-pitch routes Introduction to mountaineering and glaciers: crossing the Glacier des Glaciers (3,250 m) Mountaineering: ascent of the Dôme de Neige des Glaciers (3,592 m), 2 days



Guided walks with Beaufortain Randonnée Experience the mountains in a different way – walks led by qualified mountain guides.

For information and bookings for specific walks: 06 70 91 29 11



Chaque
semaine

Outings programme available at www.areches-beaufort.com, under the 'Activities' section. We'll be carpooling to the start of the walk. We're happy to discuss organising private outings or trips for existing groups. Let's plan the walk of your choice together.



Alex Belledent and GASPARD SPORT – MOUNTAIN BIKE TOURS
Place Capitaine Bulle, 73270 ARECHES

Contact: 06 63 44 15 80 / 04 79 38 19 58 All tours depart from the Gaspard Sport shop in Arêches

Monday,
Wednesday,
Friday,
2 pm - 5 pm

Electric mountain bike ride: discover the most beautiful views of the Beaufortain Prices from €37 (guided tour) per person (minimum 3 people) Please arrange your e-MTB hire in advance. Meet at the Skiset shop in Arêches at 2 pm

All summer

Arêches Market: every Tuesday from 3.30 pm to 6.30 pm

Beaufort Market: every Wednesday from 8 am to 12 noon

Arêches Library, 70 Ruelle de l'Oratoire

Monday, Wednesday and Friday from 5.00 pm to 7.00 pm. Closed on public holidays.

Beaufort Media Centre, 38 Route d'Arêches

Tuesday and Thursday from 5.00 pm to 7.00 pm and Wednesday from 9.30 am to 12.30 pm..

Exhibition on the Roselend Valley and the construction of the dam.

In the Roselend Chapel : open daily

Visit the Beaufortain Dairy Cooperative – Open daily: 9:00 AM – 7:00 PM

Av du Capitaine Bulle – Beaufort. Free. Cheese-making can be viewed every morning.

Visit the Cooperative's aging cellars – Open daily: 9:00 AM – 11:30 AM / 2:00 PM – 5:00 PM

Tours depart every hour. Flat rate: €3 – Free for under-5 years old.

04 79 38 33 62 <https://visite.terresdubeaufortain.com/>

WHAT'S ON THIS WEEK ?

From 25/07/26 to 31/07/26

SATURDAY JULY 25

Sewing Class at The Rusta

🕒 10:00 - 12:00 📍 Rusta Le Coworking Beaufortain

💶 Adult: 45 € pour 2h. Prêt de machine compris

Learn to sew, unleash your creativity, and take home your own creations with these sewing classes designed for children and adult beginners. The sessions include an introduction to sewing as well as the making of your first garment and accessories.

☎ +33 (0)6 83 38 50 39

MONDAY JULY 27

Balance bike activity

🕒 15:30 - 17:00 📍 Base de Loisirs de Marcôt - Beaufort

💶 Free of charge 👤 From 2 to 4 years old

Children will have fun on a course with a balance bike. Equipment loaned.

A discovery tour of several chapels and oratories around Arêches

🕒 15:30 - 18:00 📍 Eglise Saint Jean-Baptiste - Arêches

💶 Free of charge.

Explore the sacred charm of our hamlets with our tour of chapels and oratories. A tour with time for prayer, to discover the local heritage in depth ! Organized by the St Roch Parish.

☎ +33 (0)6 88 78 65 83

Show : Les Illusions d'Antho 🧙

🕒 17:00 - 18:00 📍 Base de Loisirs de Marcôt - Beaufort

💶 gratuit. 👤 From 3 years old

Les Illusions d'Antho: a unique show that brilliantly blends magic, circus arts, and humor, transporting audiences of all ages into a world filled with whimsy and poetry.

Happy Hour at Croc' Local

🕒 17:00 - 19:00 📍 5 rue Saint Maxime - Beaufort

💶 Free of charge.

This week, Sophie welcomes Géraldine, a wild plant forager, and Anouck, the creator of 'Glaces à Meuh'; she is delighted to introduce them to you during this enriching culinary evening!

☎ +33 (0)6.79.88.60.03

www.croc-local.fr

Electric mountain bike ride – families: A sporting aperitif at sunset

🕒 17:00 - 20:00

💶 One price: 90 € 👤 From 10 years old

What better way to end the day than with a drink in hand, a piece of Beaufort cheese, a mountain bike, and the colors of the sunset—all in the most beautiful place in France ? Guided tour with Up'N Down, mountain bike included.

☎ +33 (0)7 61 89 82 61

TUESDAY JULY 28

Daily excursion : Aoste - Italie

🕒

💶 Adult: 48 € - Child 24 € de 4 à 12 ans - Free for children under 4 years old.

Discover the typical italian market or just visit the city and the ancient vestiges. Through the tunnel (Mont-Blanc), have a stop in Courmayeur.

☎ +33 (0)4 79 38 10 50

Wild Plant Gathering Discovery Workshop

🕒 9:00 - 12:00 📍 - Arêches

💶 Adult: 40 € - Child 20 € de 7 à 17ans

Come and discover the edible and/or medicinal wild plants. On 1/2 day, we will explore the botanical recognition, the harvesting techniques of wild plants and their uses, to end by enjoying them with our taste buds !

Place to be defined

☎ +33 (0)6 71 73 75 70

www.reinesdessimples.fr

CHAIRLIFT OF GRAND-MONT

Thursdays and Sundays from June 28 to August 27
and on Mondays from July 20 to August 17
from 8:30 to 12:45 and from 1:45 to 4:30

CHAIRLIFT OF PIAPOLAY

Tuesdays from June 30 to August 25 and
on Wednesdays and from July 22 to August 19
from 8:30 to 12:45 and from 1:45 to 4:30

Hiking, Yoga & Spirituality

🕒 9:00 - 14:00 📍 A définir

👤 From 14 years old

A time for walking, reconnecting with nature, spiritual sharing, meditation, and yoga; for discovering the surrounding mountains, plants and their medicinal properties, as well as our connection to the living world. Shared picnic.

☎ +33 (0)6 89 92 95 91

www.blancmarilyne.fr

At Mauricette coffee concept workshop

🕒 10:00 - 11:30 📍 Place Frison Roche - Beaufort

💰 Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

Come and visit the workshop and discover the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.

Geociel's workshops

🕒 15:30 - 17:30 📍 Salle du Moulin - Arêches

💰 One price: 5 €

Géociel is open to the public, offering a wide range of fun workshops on astronomy and the geology of the Beaufortain region. Bring the whole family, whether for 30 minutes or 3 hours: there's something for all ages and tastes!

☎ +33 (0)6 17 79 72 11

www.geo-ciel.com

Run Test Scarpa

🕒 17:00 - 19:00 📍 magasin Montagne, 192 Route du Grand Mont - Arêches

💰 Free of charge.

In collaboration with the brand Scarpa, the store Montagne Skimium offers you to test new trail running shoes on a loop of about 1 hour followed by an aperitif discussion.

☎ +33 (0)4 79 38 11 78

Visit of the Beaufortain brewery

🕒 17:30 - 19:30 📍 Parking de la Serraz - Arêches

💰 Free of charge.

We would like to introduce you to the Beaufortain brewery and their different productions. The very local beers: amber, white or IPA Birra Menta on their production site at the bottom of the village of Arêches.

Pilates, stretching classes with Caroline

🕒 18:00 - 18:45 📍 Le Hameau des Champs - Arêches

💰 One price: 8 €

After a day of sports activities, work or vacation, unleash the potential of your body, its mobility, flexibility, and breathing. Sessions to strengthen the deep muscles, improve posture and balance.

☎ +33 (0)6.72.22.90.81

Viniyoga Session and Spiritual Sharing in Nature

🕒 18:00 - 19:20 📍 - Arêches

💰 Adult: 22 €

An outdoor Viniyoga session for everyone, featuring a discussion on living an embodied spirituality with Marilyne Blanc. Moves indoors in case of bad weather. Mats provided.

☎ +33 (0)6 89 92 95 91

www.blancmarilyne.fr

The primordial soup

🕒 20:30 📍 Salle du Moulin - Arêches

💰 One price: 45 € Soupe incluse

Géociel invites you to rediscover the incredible journey that brought you to Arêches – from the Big Bang to the emergence of life on Earth – over a dinner with our science guide !

☎ +33 (0)6 17 79 72 11

www.geo-ciel.com

WEDNESDAY JULY 29

Jeannette the little cow 🐄

🕒 10:30 - 11:30 📍 Terrasse derrière la pharmacie de Beaufort

💰 Child 5 € 👤 From 4 to 6 years old

Jeannette the cow tells you the secrets of her hectic life between alpine pastures and cowsheds during a participatory workshop!

Reservations required by 11 a.m. on the day itself. Registration at the tourist office or online.

Les Globe-Chanteurs en déambulation

🕒 10:30 - 12:00 📍 Place Frison-Roche - Beaufort

💰 Free of charge. 👤 From 5 years old

This duo takes you on a unique musical journey, blending Savoyard tradition with surprising reinventions. Emblematic regional tunes (mountain songs, folk music) are revisited with a modern, festive, and quirky touch.



Laser Game Activity

🕒 15:00 - 16:00 📍 Base de Loisirs de Marcôt - Beaufort

💶 One price: 8 € 👤 From 12 years old

Immerse yourself in the heart of Marcôt and become the hero of this adventure in the great outdoors, amongst the trees that shield you from the other team. An outdoor laser tag session with state-of-the-art equipment. Ages 12 and over.

☎ +33 (0)4 79 38 37 57

Sewing Class at The Rusta

🕒 16:00 - 20:00 📍 Rusta Le Coworking Beaufortain

💶 Adult: 45 € pour 2h. Prêt de machine compris

Learn to sew, unleash your creativity, and take home your own creations with these sewing classes designed for children and adult beginners. The sessions include an introduction to sewing as well as the making of your first garment and accessories.

☎ +33 (0)6 83 38 50 39

Discovering the village of Beaufort

🕒 17:00 - 18:30 📍 Office de tourisme - Beaufort

💶 One price: 5 €

Welcome to Beaufort! In the company of Pascaline, discover the rich history of this mountain village. Architecture, agriculture, lifestyle, the arrival of tourism, Baroque art... these are just some of the themes that will give you a new perspective on Beaufort!

Electric mountain bike ride – families: A sporting aperitif at sunset

🕒 17:00 - 20:00

💶 One price: 90 € 👤 From 10 years old

What better way to end the day than with a drink in hand, a piece of Beaufort cheese, a mountain bike, and the colors of the sunset—all in the most beautiful place in France? Guided tour with Up'N Down, mountain bike included.

☎ +33 (0)7 61 89 82 61

Concert with the Globe-Chanteurs at the Hôtel de la Roche

🕒 19:00 - 21:30 📍 Hôtel de la Roche - Beaufort

💶 Free of charge. 👤 From 5 years old

This duo takes you on a unique musical journey, where Savoyard tradition blends with surprising reinterpretations: emblematic regional melodies (mountain songs, folk music) in a modern, festive and original form.

THURSDAY JULY 30

Come and decorate some wooden items

🕒 10:00 - 12:00 / 16:00 - 18:00 📍 Salle du Moulin - Arêches

Young and old are invited to take pleasure in decorating wooden objects, painting or pyrograving depending on the age. Rate depending on the chosen object.

☎ +33 (0)6 73 28 96 78

The Afternoons of well-being

🕒 14:00 - 17:00 📍 Le Hameau des Champs - Arêches

💶 One price: 21 € 👤 From 18 years old

Caroline—a yoga and Pilates instructor, nurse, and forest therapy practitioner—and Clara—a dietitian-nutritionist and hypnotherapist—invite you to a three-hour outing dedicated to listening to your body and emotions. Relax and live in the moment!

☎ +33 (0)6.72.22.90.81 - +33 (0)6 06 40 27 96

Electric mountain bike ride – families: In search of the best blueberry tart

🕒 14:00 - 18:00 📍 Arêches-Beaufort

💶 One price: 90 €

We've criss-crossed the hills and valleys of the Beaufortain, sampling all the blueberry tarts at the local mountain huts. We reckon we've found the best one in the area, but we'd love to hear what you think! with Up'N Down. Mountain bike provided.

☎ +33 (0)7 61 89 82 61

Kids Pierra Menta at Marcôt

🕒 17:00 📍 Base de Loisirs de Marcôt - Beaufort

💶 One price: 3 €

A kind of mini-trail to Marcôt, organised for the kids, from 2015 to 2020. Beginners or confirmed are welcome!

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and on Mondays from July 20 to August 17
from 8:30 to 12:45 and from 1:45 to 4:30

CHAIRLIFT OF PIAPOLAY

Tuesdays from June 30 to August 25 and
on Wednesdays and from July 22 to August 19
from 8:30 to 12:45 and from 1:45 to 4:30

Visit of the Beaufortain brewery

🕒 17:30 - 19:30 📍 Parking de la Serraz - Arêches

💰 Free of charge.

We would like to introduce you to the Beaufortain brewery and their different productions. The very local beers: amber, white or IPA Birra Menta on their production site at the bottom of the village of Arêches.

Pilates, stretching classes with Caroline

🕒 18:00 - 18:45 📍 Le Hameau des Champs - Arêches

💰 One price: 8 €

After a day of sports activities, work or vacation, unleash the potential of your body, its mobility, flexibility, and breathing. Sessions to strengthen the deep muscles, improve posture and balance.

☎ +33 (0)6.72.22.90.81

Visit of the baroque church St John the Baptist

🕒 18:00 - 19:00 📍 Eglise Saint Jean-Baptiste - Arêches

💰 Free of charge.

Spiritual visit of the baroque church of St John the Baptist. The worship of the saints was honored by the Council of Trent (16th century); do they still have things to tell us?

☎ +33 (0)6 88 78 65 83

Viniyoga Session and Spiritual Sharing in Nature

🕒 18:00 - 19:20 📍 - Arêches

💰 Adult: 22 €

An outdoor Viniyoga session for everyone, featuring a discussion on living an embodied spirituality with Marilyne Blanc. Moves indoors in case of bad weather. Mats provided.

☎ +33 (0)6 89 92 95 91

www.blancmarilyne.fr

Apéro concert with Pier at 1947

🕒 18:00 - 20:00 📍 271 route du Grand Mont - Arêches

With just a guitar, his voice and a cajón as his instruments, Pier performs a folk-rock set that you won't hear just anywhere! A few carefully selected gems to create a warm, intimate atmosphere, complemented by some much better-known tracks.

Concert with Léon Dans Ton Salon

🕒 18:00 - 21:00 📍 Maison Doron - Place de l'Eglise - Beaufort

Maison Doron has put together a delightful evening for you featuring the singer Léon Dans Ton Salon, set against a magnificent summer backdrop. Book your spot now!

☎ +33 (0)4 79 38 33 18

An old-fashioned evening with accordion music by Christophe

🕒 19:00 - 23:00 📍 La Terrasse d'Isa - Le Planay

Don't miss the "Veillée d'antan" with accordionist Christophe Gachet, presented by La Terrasse d'Isa restaurant. You'll enjoy the festive, musical atmosphere while you dine!

☎ +33 (0)4 79 89 75 41

FRIDAY JULY 31

Visit the Arêches Sawmill 🧑🏫

🕒 10:00 - 11:00 / 15:00 - 16:00 📍 Rue de la Fonderie - Arêches

💰 Free to participate.

Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill. Booking at the tourist office or online.

☎ +33 (0)6 73 28 96 78

Live My Life as a Lumberjack

🕒 9:00 - 12:00

💰 Free of charge. 👤 From 8 years old

Across the Arlysère region, from the Pays d'Albertville to the Beaufortain and Val d'Arly mountain ranges, spend half a day with forestry professionals and discover every stage of a timber harvest...

☎ +33 (0)6 76 55 12 26

www.arlysere.fr/economie/la-foret

At Mauricette coffee concept workshop

🕒 10:00 - 11:30 📍 Place Frison Roche - Beaufort

💰 Adult: 7 € - Child (6-14 years old): 5 € - Free for children under 5 years old.

Come and visit the workshop and discover the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.



Gabrielle's Workshops

🕒 15:00 - 17:00 📍 Office de tourisme - Arêches

💶 One price: 4 € 👤 From 6 years old

Here is a fun craft activity for the holidays. We are going to make a basket using natural materials and upcycled items—perfect for carrying your summer treasures and finds. However, you will need to be accompanied by an adult.

Sewing Class at The Rusta

🕒 16:00 - 20:00 📍 Rusta Le Coworking Beaufortain

💶 Adult: 45 € pour 2h. Prêt de machine compris

Learn to sew, unleash your creativity, and take home your own creations with these sewing classes designed for children and adult beginners. The sessions include an introduction to sewing as well as the making of your first garment and accessories.

☎ +33 (0)6 83 38 50 39

Building a Savoyard mazot 🧑🏠

🕒 17:00 - 18:00 📍 Scierie, rue de la Fonderie - Arêches

💶 Free to participate.

Be involved in the construction of a Savoyard attic with Sophie, to understand the various steps up to the roof. You can then if you wish, visit the sawmill. Children must be accompanied by an adult.

☎ +33 (0)6 73 28 96 78

Pilates, stretching classes with Caroline

🕒 18:00 - 18:45 📍 Le Hameau des Champs - Arêches

💶 One price: 8 €

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☎ +33 (0)6.72.22.90.81

AND ALSO

Exhibition of engravings by Nelly Caillou

📍 Maison Doron - Place de l'Eglise - Beaufort

💶 Free of charge.

Maison Doron is hosting a new exhibition for over three weeks. Come and discover the artistic world of Nelly Caillou through her magnificent engravings.

☎ +33 (0)4 79 38 33 18

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The Animascope and the cinema schedule are non-contractual documents; the information provided is for reference only.

This week in your cinema

July Saturday 25	
6:15pm	La baleine et le musicien
July Monday 27	
8:30pm	SUPERGIRL
July Tuesday 28	
6:15pm	Des minions et des monstres
8:30pm	L'ABANDON
July Wednesday 29	
6:15pm	VAHINA
8:30pm	La Bataille De Gaule : Partie 1 l'Age de fer
July Thursday 30	
8:30pm	Spider-Man : New Brand Day
July Friday 31	
6:15pm	TOY STORY 5
8:30pm	La Bataille De Gaule : Partie 2 J'écris ton nom



Colours codes	
Sortie nationale	Dernière projection

Cinéma La Chaudanne at the bottom of Arêches village.

TARIFS		
Normal : 7,50 €	Reduced : 5,50 €	6 pass card: 33 €

Accepted payment methods: Credit/debit cards, checks, holiday vouchers, cash.

Votre avis nous intéresse !
Your opinion matters

Satisfaction Survey:

You may have recently stayed in Arêches-Beaufort, and we thank you for choosing us. To better understand your expectations, we would like to gather your impressions of your recent holiday. We would therefore be grateful if you could spare a little of your time to complete this questionnaire.



Tourist Office:
Arêches: open daily from 9:00 am – 12:00 pm / 2:00 pm – 6:00 pm
Beaufort: open daily from 8:30 am – 6:30 pm
Contact: 04 79 38 37 57



scannez-moi
scan me