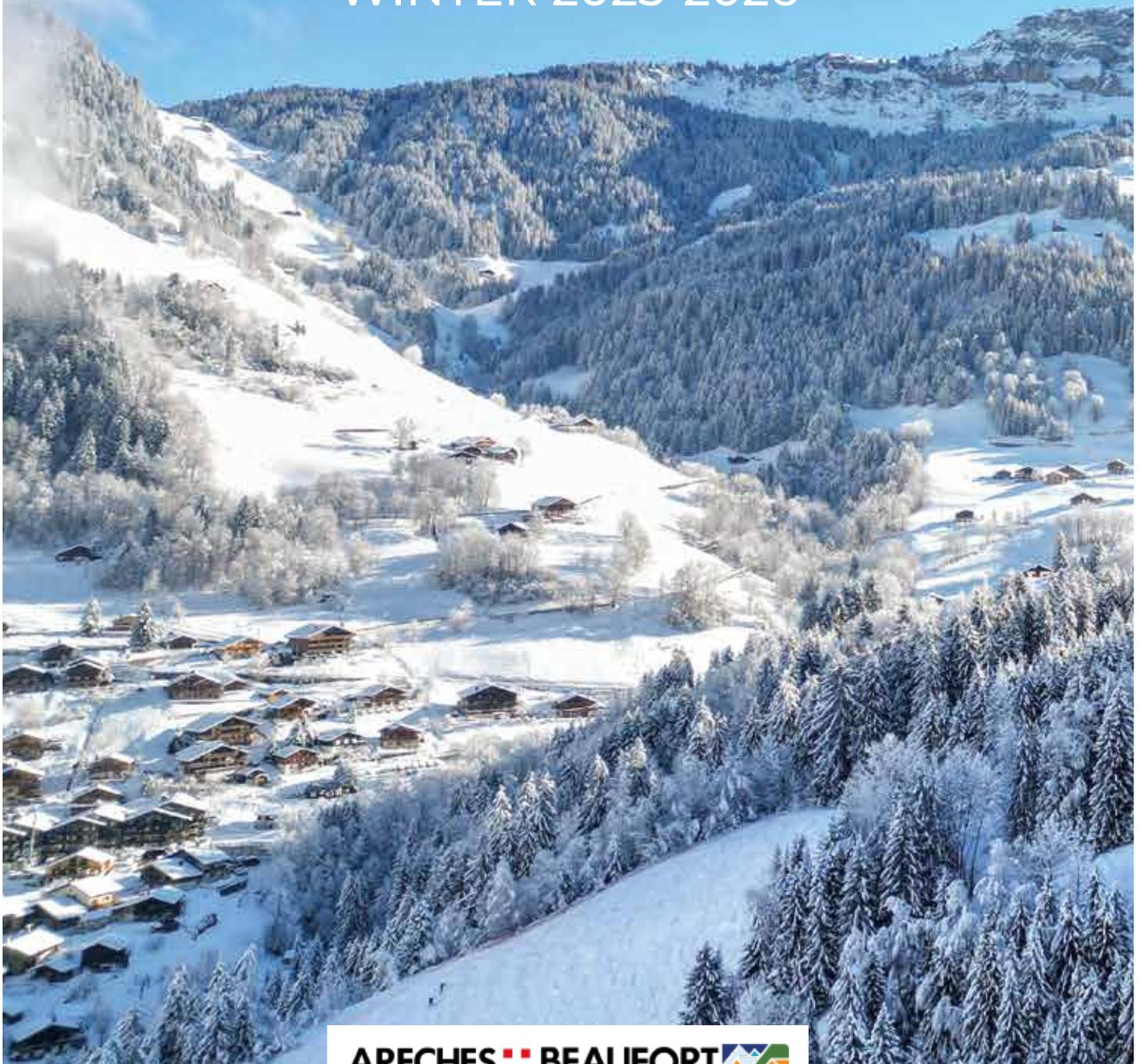


What's on?

EVENTS SCHEDULE

WINTER 2025-2026





BEAUFORTAIN GUIDES OFFICE
Registration at the Tourist Office of Arêches-Beaufort
or www.areches-beaufort.com
permanence every Sunday at the skiset store –
Place du Capitaine Bulle - 18h
More information: 04 79 38 37 57 and info@areches-beaufort.com

Ski touring, climbing the Grand-Mont	march Tuesday 17 at 8:30am	95€ provide ski (or hiker) pass material not provided
Ski touring - level development	March Thursday 19 at 8:30 am	95 € material not provided

Other Outings (Free ride / cascades de glace) in private packages on request.
Contact: 06 48 90 49 39



BEAUFORTAIN RANDONNEE – Snowshoeing
Guided tours in the mountains.
Information and registration at the Tourist Office
sur <https://reservation.areches-beaufort.com/raquette-neige.html>

Contact person for information: 06 70 91 29 11

Access to the start of the hike can be done by car or by ski bus for a departure from Planay
Group or private outing, we work together on the ride of your choice:

06 14 59 69 63 - 06 86 31 78 05

Rates: 1/2 day: from 30€. (- 15 years: 17€). Rate day: 45€ (-15 years 35€) .

Come to the meeting place with your equipment. Return times given for information purposes.
Depending on the conditions, the location of the hike may be changed.

PHOTOGRAPHER

The photographers of Cap sur Image invite you to meet them either during ski lessons supervised by ESF instructors, or for a family photo taken on appointment, or at the bottom of the ski slopes or at your chalet. Have a nice holiday! Cyril, Gaëlle and Thomas **06 81 01 97 64**

WHAT'S ON THIS WEEK ?

From 14/03/26 to 21/03/26

SATURDAY MARCH 14

40th Pierra Menta.

🕒 📍 Le Planay

The mythical competition takes place on Arêches-Beaufort mountains during four intense days. It's about 200 teams of 2 competitors riding with skis, 10000 meters of positive denivelé.

www.pierramenta.com

Activities around the Pierra Menta at the Déniv' Café

📍 189 route du Grand Mont - Arêches

Déniv'café offers the following during the Pierra Menta: Scarpa shoe tests, from 1 to 6 pm.

☎ +33 (0)6 73 64 14 01

28 th Ski Mountaineering Show

🕒 📍 Le Planay.

€ Free of charge

This is a show where you can discover the last and best innovation in material of mountaineering skiing, during the 40th great Pierra Menta run.

SUNDAY MARCH 15

Welcome on the slopes

🕒 📍 Plateau du Cuvy - Arêches

€ Free of charge.

RDV on the plateau of Cuvy, at the arrival of the chairlift of Gd-Mont for a reception of the tourist office and the SEMAB (Sté des Remontées Mécaniques) outdoors! Information, documentation, pastries, Beaufort cheese and hot chocolate offered !

Fanfare on the slopes

🕒 📍 Plateau du Cuvy

€ Free of charge.

The Sciences Po brass band is delighted to be performing on the Cuvy plateau during their ski trip. You might hear them from a distance, but please come and say hello and applaud!

MONDAY MARCH 16

little trapper's outing

🕒 📍 Arrêt de bus - Le Planay

€ One price: 18 € 👤 From 5 years old

Come discover, with Frédéric, ski instructor and guide, the life of mountain animals or look for clues of their passage in the forest near Planay. Outing for adults and children. Snowshoes and headlamps provided. On registration.

☎ +33 (0)6 65 27 50 69

TUESDAY MARCH 17

At Mauricette coffee concept workshop

🕒 📍 Place Frison Roche - Beaufort

€ Adult: 7 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

Come and visit the workshop and discover the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.

Arêches Market

🕒 📍 Place du cadran solaire - devant l'Eglise - Arêches

€ Free of charge

Very little market of local products.

Pour toutes les activités à réserver en ligne, rdv ici



Visit of the Beaufortain brewery

🕒 5.30pm-7.30pm 📍 Parking
de la Serraz - Arêches

€ Free of charge.

We would like to introduce you to the Beaufortain brewery and their different productions. The very local beers: amber, white or IPA Birra Menta on their production site at the bottom of the village of Arêches.

Visit the Argentine cow farm 🇦🇷

🕒 5.15pm-6.45pm 📍 Les Efforces

€ Adult: 9€ - Child (3-12 years old) : 5€ - Free for children under 3 years old.

The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.

WEDNESDAY MARCH 18

Beaufort Market

🕒 8am-12pm 📍 Halle du Marché - Beaufort

€ Free of charge

You will find more than 20 traders in your market to fill your basket: Fruits, vegetables, meat, charcuterie, poultry, fish, cheeses...as well as ready-to-wear, jewelry, bazaars, souvenirs.

blood collection

🕒 8.15am-11.45am 📍 Salle Polyvalente - Beaufort

€ Free access.

The Beaufortain Blood Donor Friendship in collaboration with the French Blood Establishment of Chambéry organizes a blood collection.

The need for blood is always very important for patients.

www.dondesang.efs.sante.fr

Discovering the village of Arêches

🕒 5pm-6.30pm 📍 Office de tourisme - Arêches

€ One price: 5€ à partir de 10 ans

You already know the trails, but what about the village? From the church to the 1st tug-of-war, from the wash house to the traditional houses, Pascaline will help you discover 1001 stories and anecdotes. The resort will hold no secrets for you!

Visit the farm of Monsieur Seguin 🇫🇷

🕒 5.45pm-6.45pm 📍 183 Chemin de la Borne - entre Beaufort et Arêches

€ Adult: 6€ - Child 4€ de 3 à 12 ans - Free for children under 3 years old. 👤 From 2 years old

This winter, you will discover our farm with 120 goats from Savoie, the typical breed of the region. It is a representative exploitation of mountain agriculture for the production of the famous Grataron d'Arêches.

THURSDAY MARCH 19

At Mauricette coffee concept workshop

🕒 10am-11.30am 📍 Place Frison Roche - Beaufort

€ Adult: 7€ - Child (6-14 years old) : 5€ - Free for children under 5 years old.

Come and visit the workshop and discover the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.

Afternoon games

🕒 2pm-5pm 📍 AAB - Le Confluent - Beaufort

€ Free of charge.

Come discover new board games with Fred, or simply play belote, tarot, dominoes, scrabble. Open to all.

☎ +33 (0)4 79 38 33 90



Evening tasting products at the farm

🕒 8pm-11pm 📍 Les Envers - Arêches

Spend a pleasant evening, organized by Mickaël, in a room above his farm, with views of the animals. Tasting of local products.

☎ +33 (0)6 78 88 47 44

Cultural encounters : Chasing the storm

🕒 8pm-10pm 📍 Salle de la Chaudanne - Arêches

€ One price: 5.5 € sans réservation

The Pyrenees fascinate photographer Maxime Daviron. Specializing in mountain storms, he climbs to over 3000m and takes refuge in precarious shelters to capture the fleeting connection between sky and earth.

FRIDAY MARCH 20

Arêches sawmill visit 🚶

🕒 Fri. 10:30 - 12:00 / 16:00 - 17:30 📍 Salle du Moulin - Arêches

€ Adult: 6 € - Child (5-10 years old) : 4 €

Sophie invites you to discover the tree in the forest, until its transformation: recognize different species, felling, logging, all the work of the sawmill.

Workshop construction of an savoyard attic 🚶

🕒 Fri. 9:30 - 10:30 / 15:00 - 16:00 📍 Salle du Moulin - Arêches

€ Adult: 6 € - Child 4 €

Be involved in the construction of a Savoyard attic with Sophie, to understand the various steps up to the roof. Children must be accompanied by an adult at all times.

Visit of the Beaufortain brewery

🕒 5.30pm-7.30pm 📍 Parking de la Serraz - Arêches

€ Free of charge.

We would like to introduce you to the Beaufortain brewery and their different productions. The very local beers: amber, white or IPA Birra Menta on their production site at the bottom of the village of Arêches.

SATURDAY MARCH 21

Weekend ski touring yoga

📍 - Arêches

€ Adult: 265 € encadrement, nuitée, repas et petit déjeuner 🚶 From 18 years old

Marilyne, high mountain guide offers a hiking weekend with night in refuge and viniyoga sessions by the fireplace. Easy level for good skier.

☎ +33 (0)6 89 92 95 91
www.blancmarilyne.com

AND ALSO

Oenological Escape Game at the bar l'Accord

🕒 5pm-9pm every day 📍 L'Accord - Bar à vins et fromages - Arêches

🚶 From 18 years old

Investigate and solve riddles in an oenological Escape Game full of adventures and mysteries around wine. From 3 to 6 players, in a secret room of the wine bar, you will have a mission and 60 minutes to succeed!

☎ +33 (0)4 79 10 32 60

www.hotel-les-ancolies.com/bar-vins-fromages

Photo exhibition by Nico Exertier at the Maison Doron

🕒 10am-9pm every day 📍 Maison Doron - Place de l'Eglise - Beaufort

€ Free of charge.

Maison Doron invites you to a magnificent photographic exhibition by Nico Exertier, dedicated to the mountains of the world. Come and discover them during a lunch or dinner break, or simply while enjoying a drink with friends.

☎ +33 (0)4 79 38 33 18



Treasure hunt from the Bar "L'Accord"

📍 Arêches

€ Free of charge. 👤 From 7 years old

Walk in our lovely village, to discover having fun, regional wines and cheeses. The best part ? Trying to find the secret treasure, hidden by Victor, sommelier of the bar. With smartphone or tablet. Download the Baludik app. A course to do in all weather.

☎ +33 (0)4 79 10 32 60

Treasure under White Gold Part 2

👤 From 7 years old

A treasure hunt on the set of Cuvy! Animation halfway between a treasure hunt and a life-size escape game. Access by the Grand-Mont chairlift or the Bois cable car.

☎ +33 (0)4 79 38 12 70

Visit of the goats farm. A Mountain of Flavours.

🕒 10am-4pm every day 📍 La Thuile

€ Free of charge.

Cyril opens his farm with free access, you will discover the breeding of goats, accompanied by other animals such as llamas, cows, donkeys, pigs, barnyard, rabbits.

☎ +33 (0)6 58 28 79 77

www.montagne-saveurs.com



Beaufort Library

Tuesday 3:30pm -7pm .
Wednesday 9.30 am - 12.30 pm
Saturday 10am – 12pm

Library of Arêches

Monday 4pm – 5:30pm
Friday 5 pm - 6.30 pm

Beaufortain dairy cooperative - visit of the cellars

Open every day except Saturday from 9am to 11am and 2pm to 5pm.
departures every hour. 3€
Other free visits every day.

Cours de Yoga et Pilates

Yoga and Pilates with Maud - Arêches

Studio in the heart of the village
130 rue Sur Frachette
Single rate: 15 € / course. Equipment provided.
From the age of 18.
Group lessons Sunday and monday.
Private lessons on demand.
Online planning: vinyasa yoga, yin yoga, pilates.
Reservation required
www.maud-yoga.fr

Pilates/ Stretching/ Yoga with Caroline – Arêches

Le Hameau des Champs - 280 route de Coutalon
at 6pm. Price: 8€ / 45 min, from 18 years.
On demand only
Unleash the potential of your body, flexibility, mobility,
balance and breathing.
06 72 22 90 81

Discovering the Earth and the stars with GEOCIEL

READINGS OF LANDSCAPES

Guided by a geologist, investigation into the history of the formation of the Beaufortain, from the Alpine ocean to the last glaciation. Several options possible: on foot or on skis, at the top of the chairlifts or around the villages.

Duration: 2h Price: adult: 18 €; 8-14 years: 12 €; under 8 years: free.

EVENINGS OF ASTRONOMICAL OBSERVATIONS

Embark on a scientific and contemplative journey through space and time! An astronomer you will guide in the constellations, and his telescope will reveal to you the most beautiful jewels of the winter sky, of the planets

neighbors to distant galaxies. Duration: 1h15

Price: adult: 16 €; 6-10 years old: 8 €; Under 6 years old: free

www.geo-ciel.com/ contact@geo-ciel.com Tel. or SMS: 04 79 89 77 95 – 06 17 79 72 11

Paragliding baptisms with Carpe Diem

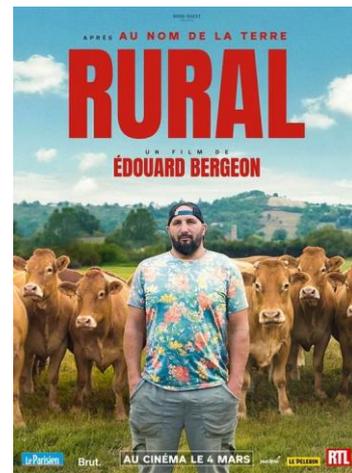
With a take-off and an easy landing, on foot or on skis, the flight is accessible from 7 years. Accompanied by a professional State Certified Instructor, you will be comfortably settled to fully enjoy a contemplative flight that can end with some sensations if the desire takes you.. From 70€, PHOTOS AND VIDEOS OFFERED.

06 19 80 18 99 seb@ecolacarpediem.com

This week in your cinema

The Animascope and the cinema program are non-contractual documents; the information is indicative.

Tuesday March 17	
6pm	LES ENFANTS DE LA RESISTANCE
8pm	RURAL
Wednesday March 18	
6pm	JUMPERS
8pm	LA MAISON DES FEMMES
Thursday March 19	
6pm	CHERS PARENTS
8pm	MARTY SUPREME



TARIFS cinéma		
Normal : 7,50 €	Reduced : 5,50 €	6 pass card : 33 €

Accepted payment methods: Credit card, checks, holiday vouchers, cash

La Chaudanne cinema is located at the bottom of Arêches village.

Films start at the scheduled time.

Satisfaction Survey:

You may have recently stayed in Arêches-Beaufort, and we thank you for your business. To better understand your expectations, we would like to gather your feedback on your recent holiday. Therefore, we would be grateful if you could take a few moments to complete this questionnaire.



Tourist Office: Arêches and Beaufort
 Open daily from 9am-12pm / 2pm-6pm
 Tourist Office Contact: +33 4 79 38 37 57