



Cinema
Animations
Sport
Heritage
Gourmandise



WHAT'S



ON ?

WINTER 23/24



Give us your opinion :



ARECHES ::
BEAUFORT 



La maison des Guides

Registration at the Arêches-Beaufort Tourist Office or on www.areches-beaufort.com
More information: 00 33 4 79 38 37 57 or info@areches-beaufort.com

Ski touring discovery, ascent of the Grand Mont From the resort of Arêches, let yourself be guided to the summit of Grand Mont (2633m.). Mondays from 9am to 1:30pm. 80 € 330€ in private formula. provide ski pass (or hiker). Material non provided.

Ski touring advanced level Climb to the most beautiful peaks of the Beaufortain, and enjoy the magnificent potential of the massif in peace. Tuesday and Friday from 9am to 4pm. 90 € Material non provided.

Other Outings (Free ride/ ice falls) in private formulas on request. Contact : 06 48 90 49 39



BEAUFORTAIN RANDONNEE – Snowshoeing

Outings supervised by mountain guides.
Information and registration
at the Tourist Office 00 33 4 79 38 15 33
or Ski school of Arêches and Planay.
information: 06 14 59 69 63



Program week:
Information and registration to the ESF of Arêches or Planay.
04 79 38 10 99 or 04 79 38 64 90

Group or private outing, we work together on the ride of your choice:

06 70 91 29 11 - 06 73 56 49 53

Rates: 1/2 day: from 30€. Day rate: 45€.

Come to the meeting place with your equipment.

Return times given as an indication.

Depending on weather and snow conditions, the place of the hike may be modified

WHAT'S ON THIS WEEK ?

From 23/03/24 to 1/04/24

SATURDAY MARCH 23

Forests on Stage - International Forests Day

🕒 10 am-4 pm 📍 Plateau du Cuvy - Domaine skiable - Arêches

€ Free of charge. 👤 From 6 years old

Immersion in the forest universe with many animations for all: snowshoe ride (not supplied), treasure hunt, Game of the wheel of biodiversity. Knowing how to recognize animal footprints and trees. Meetings with NFB and CNPF professionals.

www.areches-beaufort.com

Workshop Portrait photo in the old and tattooing sessions

🕒 11 am-9 pm 📍 Maison Doron - Place de l'Eglise - Beaufort

€ Full price: 70 € le portrait

Come and discover this ancestral technique with collodion, with Julien Dorol. If you want to have your portrait drawn with this wonderful 19th century process, this is the opportunity! And also : Day flash tattoo with Peaudechagrin and Alpaca tattoo.

☎ +33 (0)4 79 38 33 18

Chauffe Pilote - L'après ski qui déménage

🕒 3 pm-2 am 📍 - Le Planay

€ Free of charge.

Meeting between Le Passenger and Le Télémark for an afternoon and a festive and musical evening with Diogo Strausz (live) and Natty Crew (live) and Club Charbon vs Imported Paris (DJ set).

After ski at la Terrasse d'Isa

🕒 6 pm-9 pm 📍 La Terrasse d'Isa - Le Planay

The Bronzers after ski ! 100% festive evening, from disco time to nowadays.

☎ +33 (0)4 79 89 75 41

<https://la-terrasse-d-isa.eatbu.com/?lang=fr>

MONDAY MARCH 25

Conference: food history

🕒 2 pm-4 pm 📍 Le Confluent - Beaufort

€ Free of charge. 👤 From 7 years old

A conference by Christine Stievenard Ginger about food. Essential to life, eating is essential, but how long have we been talking about food and good eating ?

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TUESDAY MARCH 26

Arêches sawmill visit with Lessencesbois

🕒 10 am-11.30 am 5 pm-6.30 pm 📍 Salle du Moulin - Arêches

€ Adult: 5.5 € - Child 4 € de 5 à 10 ans

The forest surrounds you, as well as many chalets, but between the two, there are many transformations: felling, logging, sawing To discover the Beaufortain in a different way, during your walks, Sophie explains these transformations.

At Mauricette coffee concept workshop

🕒 10 am-11.30 am 📍 Place Frison Roche - Beaufort

€ Adult: 6.5 € - Child (6-14 years old) : 5 € - Free for children under 5 years old.

Come and visit the workshop and discover the specificity of donkey breeding (not there !), the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.

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Arêches Market

🕒 3.30 pm-6.30 pm 📍 Place du cadran solaire - devant l'Eglise - Arêches

€ Free of charge

Very little market of local products.

Opening of the Beaufortain Brewery

🕒 5.30 pm-7.30 pm 📍 Résidence le Chamois - 146 route du Planay - Arèches

David opens the doors of the brewery for a direct sale of Birra Menta, four different beers, all made from organic and local malts: Brut IPA, Black Amber, Blanche and Pils Blonde.

Happy Hour Concert with Wise

🕒 7.30 pm-0 am 📍 Bar l'Accord - Arèches

€ Free of charge.

Wise is the perfect alchemy between Gaël, singer, phenomenon of the guitar with subtle arrangements and wild solos, and Audrey, singer at the same time delicate, soft rock'n'roll and sparkling. A real human and musical complicity on stage.

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Tarines in the movies

🕒 4.30 pm-6.30 pm 📍 182 impasse de la Pompe - Beaufort

€ Adult: 10 € - Child (5-16 years old) : 5 €

Cinema on the farm, screening and meeting with a farmer. A moment of sharing on a farm, during which several archive films will be shown, ending with a snack.

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Atelier Accord wines and desserts

🕒 5 pm-6.30 pm 📍 L'Accord - Bar à vins et fromages - Arèches

€ Adult: 38 € 👤 From 18 years old

Gourmet moment to discover original pairings between wines and desserts. Marion will accompany you for this new sweet trip. The workshop includes 1 plate of 4 sweets and 4 glasses of wine.

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WEDNESDAY MARCH 27

Beaufort Market

🕒 8 am-12 am 📍 Covered market hall - Beaufort

€ Free of charge

You will find more than 20 traders on your market to fill your basket: Fruits, vegetables, meat, charcuterie, poultry, fish...as well as ready to wear, jewelry, bazaar, souvenirs.

Alta festival 1st day

🕒 8 am-12 am 📍 Place du marché - Beaufort

€

This year, the Alta Festival comes to the Beaufort market ! Come and see our thrift stand and enjoy this spring atmosphere with music !

<https://shotgun.live/events/alta-festival-2024>

Easter floral workshop

🕒 3 pm-3.45 pm 📍 Lo Cavin - 104, Grande Rue - Beaufort

€ One price: 8 € 👤 From 4 years old

Come and make with us a pretty bouquet to offer for Easter.

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Visit the Clemence Farm

🕒 3.30 pm-5 pm 5 pm-6.30 pm 📍 133 route des Prés - Beaufort

€ One price: 5 € - Free for children under 3 years old.

Clémence welcomes you for the discovery of its goat herd in its pretty farm and will present you its cheeses with tasting and direct sale.

☎ +33 (0)7 71 72 87 19

Visit the Argentine cow farm 🇦🇷

🕒 5.15 pm-6.45 pm 📍 Les Efforces - Arèches

€ Adult: 9 € - Child (3-12 years old) : 5 € - Free for children under 3 years old.

The farmers will show you their cows, called Tarines, and specificity of a mountain agriculture for making the famous Beaufort cheese. You will see the milking and calves meals. The visit ends with tasting cheese and some regional products.

Visit the farm of Monsieur Seguin 🇫🇷

🕒 5.45 pm-6.45 pm 📍 Chemin de la Borne - entre Beaufort et Arèches

€ Adult: 6 € - Child 4 € de 3 à 12 ans - Free for children under 3 years old. 👤 From 2 years old

The farmer will show you his work and all specificity around mountain agriculture with 160 goats to produce the famous "grataron"cheese of Arèches. The visit will close by tasting goat-cheese and products of the farm. Park next to the sorting bins.

THURSDAY MARCH 28

Workshop manufacture of lip sticks

🕒 10 am-11.30 am 📍 Place Frison Roche - Beaufort

€ One price: 14 € 👤 From 5 years old

Come make with Marine your lip stick in the workshop Chez Mauricette and enjoy this magical place to visit the shop or drink a hot chocolate or tea.

☎ +33 (0)6 78 86 09 00

Afternoon games

🕒 2 pm-5 pm 📍 Association d'Animation du Beaufortain - Le Confluent - Beaufort

€ Free of charge.

Come discover new board games with Fred, or simply play belote, tarot, dominoes, scrabble. Open to all.

☎ +33 (0)4 79 38 33 90

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🕒 3.30 pm-5 pm 📍 133 route des Prés - Beaufort

€ One price: 5 € - Free for children under 3 years old.

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☎ +33 (0)7 71 72 87 19

Discovering the village of Arêches

🕒 4 pm-5.30 pm 📍 Office de tourisme - Arêches

€ One price: 5 € à partir de 10 ans

You already know the trails, but what about the village? From the church to the 1st tug-of-war, from the wash house to the traditional houses, Pascaline will help you discover 1001 stories and anecdotes. The resort will hold no secrets for you!

Alta festival 2nd day

🕒 4 pm-10 pm 📍 Le Télémark - Le Planay

€ Free of charge.

For the 3rd edition of the festival, meet us at the Télémark with Calypso, Julian Gaborit, Gys, la Disquette aux platines and Fripe Mayo!

<https://shotgun.live/events/alta-festival-2024>

The oenological workshop wine and cheese

🕒 5 pm-6.30 pm 📍 L'Accord - Bar à vins et fromages - Arêches

€ Adult: 38 € 🧑 From 18 years old

Tasting session for a wine and cheese pairing 100% Savoie! Marion will make you discover the local cheeses accompanied only by Savoyard white wines. A gourmet moment that includes 4 cheeses and 4 glasses of white wines of Savoie.

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Evening tasting products at the farm

🕒 8 pm-11 pm 📍 Les Envers - Arêches

Come and spend a friendly evening in a room arranged above the farm, with view on the animals.

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FRIDAY MARCH 29

Alta Festival 3rd day

📍 Salle de la Chaudanne - Arêches

€ Full price: 15.99 € la soirée 🧑 From 16 years old
From 4pm to 8pm: market in Arêches with music with stands of local crafts, thrift store of Alta . and from 7:30 pm to 11:30 pm at the Salle de la Chaudanne: SHIBUUYA! , SAYAG JAZZ MACHINE

On site: Cloakroom, Bar, Fripe & more. (2€ the cloakroom).
<https://shotgun.live/events/alta-festival-2024>

At Mauricette coffee concept workshop

🕒 10 am-11.30 am 📍 Place Frison Roche - Beaufort

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Come and visit the workshop and discover the specificity of donkey breeding (not there !), the steps of manufacture by cold saponification, the formulation of solid shampoos, and test your sense of smell by guessing the perfumed notes created.

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Visit the Farm of Cuvy 🧑

🕒 10 am-12 am 📍 Les Envers - Arêches

€ One price: 7 € - Free for children under 5 years old.

🧑 From 2 years old

Visit the farm and taste local products in a room fitted out above the stable overlooking the cows. , RV point at the farm with Mickaël.

Opening of the Beaufortain Brewery

🕒 5.30 pm-7.30 pm 📍 Résidence le Chamois - 146 route du Planay - Arêches

David opens the doors of the brewery for a direct sale of Birra Menta, four different beers, all made from organic and local malts: Brut IPA, Black Amber, Blanche and Pils Blonde.

The Gaspard Race

🕒 6 pm-10 pm 📍 Front de neige du Planay

€ Full price: 30 € - Reduced price: 18 € moins de 16 ans
Festive race in ski mountaineering costume, followed by a meal at the Isa Terrace. On registration, come in great numbers !

www.areches-beaufort.com

SATURDAY MARCH 30

Alta festival 4th day

📍 au Cuvy puis chez Dédé - Arêches

€ Free of charge. 👤 From 16 years old

Crétinium de Chez Dédé at Le Cuvy from 11am to 4pm (subject to favorable weather conditions). Team ski challenges of 2. DJ set with Helios. Bar and BBQ. Then Crétinium party at Dédé from 6pm to 1:30am with prize giving at 7pm.

<https://shotgun.live/events/alta-festival-2024>

Yoga and Pilates Retreat: Celebrating Spring

🕒 2.0 pm 📍 Le Hameau des Champs - Arêches

€ One price: 90 €

Workshop with Caroline and Sandrine, Pilates and Yoga teachers. On the program: Yoga Vinyasa, Pilates Flow, Yoga-Nidra and Meditation. Listening to the body in motion, the circulation of energy, finding oneself and feeling fully alive !

☎ +33 (0)6 72 22 90 81

SUNDAY MARCH 31

Etoile des Saisies

📍 Domaine nordique

Join us for the unmissable event for Nordic skiing in Les Saisies. The Etoile des Saisies, a popular race that closes the marathon season, will take place on Sunday March, 31 of 2024 on the magnificent Olympic Nordic area of Les Saisies

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Alta festival 5th day

📍 Salle de la Chaudanne - Arêches

€ Full price: 10.99 € 👤 From 16 years old

From 11am to 7pm: Bleu Charbon take over (live) at the Passenger. from 5pm to 10pm at the Terrasse d'Isa: DJ set Electro funk with the Ferclé. from 10pm to 4pm in the Chaudanne room: Baume, Calypso, Loulou Ferrari, Mule Jalard. Cloakroom (2€), Bar, Fripe & more.

<https://shotgun.live/events/alta-festival-2024>

MONDAY APRIL 1

Giant egg hunt on the Arêches Beaufort ski area

🕒 10 am-2 pm 📍 Domaine skiable

€ Free of charge.

Animation for the whole family with a life-size chocolate egg hunt ! Browse the ski area to find chocolate treats at the edge of the slopes of the Arêches-Beaufort ski area.

AND ALSO

Faune : Exhibition in augmented reality in complete freedom

📍 Dans les rues d'Arêches et de Beaufort

€ Free of charge.

10 large format posters to observe with the custom developed augmented reality application. Stuck in the public space, the posters invite to a trail in the form of a treasure hunt that reveals an animal life hidden on the city walls.

Intuitive massage

🕒 - Arêches

👤 From 14 years old

Discover a soft and enveloping massage to reconnect with your body and take care of yourself. Table massage with oil, or dressed or seated.

☎ +33 (0)6 89 92 95 91

www.blancmarilyne.com

Visit of the goats farm. A Mountain of Flavours.

🕒 10am-4pm every day 📍 La Thuile

€ Free of charge.

Free visit of the goats farm, with some other animals like lamas, donkeys, buffalos, pigs, rabbits and farmyards animals.

☎ +33 (0)6 58 28 79 77

www.montagne-saveurs.com

Free visit of the Beaufortain cheese Factory

🕒 9am-12pm & 2pm-6pm every day 📍 Avenue du Capitaine Bulle - Beaufort

€ Free of charge.

Come and discover all the secrets of the Beaufort and its terroir through a sensory approach and original tools. Smell boxes, testimonials, videos, objects to touch, models. The manufacture is visible every morning.

☎ +33 (0)4 79 38 33 62

Visit of the cellars of the dairy cooperative

🕒 9am-11.30am & 2pm-5.30pm every day 📍 Avenue du Capitaine Bulle - Beaufort

€ One price: 3 €

Beaufort is a raw and whole milk cheese with cooked pressed dough, in the form of a wheel weighing about 40 kg, We offer the visit of the cellars and the projection of the film "The Beaufort in heritage" to know more !

☎ +33 (0)4 79 38 33 62

Yoga and Pilates Classes

Yoga and Pilates classes with Maud

130 rue Sur Frachette - Arêches
Single rate: 15 € the course of 1h or 1h15.
from 18 years

Group and private lessons –
Stays & Workshops. Every day except Saturday. Vinyasa, Yin Yoga, Yoga Stretch. Pilates. Material provided.

Unlimited week pass 55€.

06 85 92 64 80 www.maud-yoga.fr

child care

Les Petites Frimousses Centre MMV route des Carroz to Arêches

Open every day except Saturdays. From 8h45 to 17h

06 86 01 40 56

garderielespetitesfrimousses@gmail.com

<https://garderielesfrimousses.portail-familles.app/>

Photographer

The photographers of Cap sur Image welcome you to the resort and invite you to meet them either during the ski lessons supervised by the ESF instructors, or for a family photo made by appointment, or at the bottom of the ski slopes or at your chalet.

Happy holidays ! **Colin, Gaëlle et Thomas 06 81 01 97 64**

Discover the Earth and the stars with GEOCIEL

Reading of landscapes:

Guided by our geologist, retrace the history of the formation of our landscapes, from the alpine ocean to the last glaciation, by uncovering the clues that hide our mountains.

- Walking or snowshoeing on the Cuvy plateau
- Alpine ski circuit (same times and meeting place as the ESF courses, circuit adapted to your ski level)! 1h50 approx. Adult = 20€/pers. Child from 8 to 16 years = 14€; Child (- 8 years) free.

Astro Nights:

Scientific and contemplative journey through space and time! Our astronomer will guide you through the constellations and their legends, his telescope will reveal the most beautiful jewels of the winter sky, from neighboring planets to distant galaxies. A hot drink will enhance your evening.

1h approx. Rates: Adult (8 years and over) = 15€/pers; Child (- 8 years) = free. Entertainment every day.

Info and feedback: www.geo-ciel.com / contact@geo-ciel.com

Tel 00 33 4 79 89 77 95 – 06 17 79 72 11

First paragliding with Carpe Diem

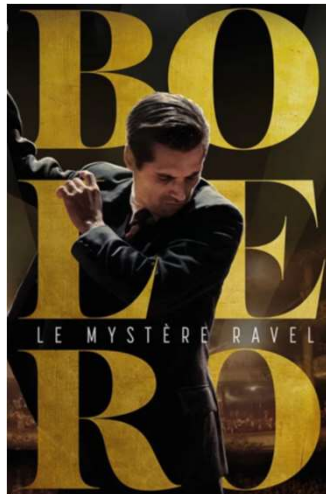
With an easy take-off and landing, on foot or on skis, the flight is accessible from 7 years.

Accompanied by a professional State Graduate Instructor, you will be comfortably installed to fully enjoy a contemplative flight that may end with some sensations if you want. You can even, if the conditions allow it, take the controls to discover how to fly.

From 70€, PHOTOS AND VIDEOS OFFERED.

06 19 80 18 99 seb@ecolacarpediem.com

This week in your cinema



SPRING CINEMA WEEK
Single price: 5 € per place
FOR THE WHOLE WEEK

Sunday March 24

6pm	Heureux gagnants
8pm	Boléro

Monday March 25

6pm	14 jours pour aller mieux
8pm	Une vie

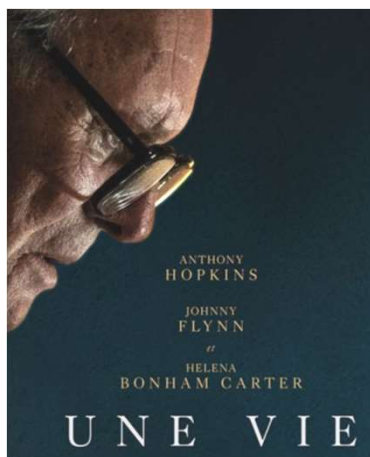
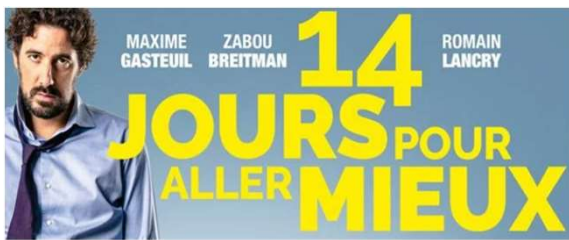
Tuesday March 26

6pm	La ferme des Bertrand
8pm	DUNE 2 ^{ème} partie

Wednesday March 27

6pm	Kung fu panda 4
8pm	Anatomie d'une chute

**SEASONAL CLOSURE
REOPENING IN JUNE**



Cinema at the bottom of Arêches village, salle de la Chaudanne. Films start at the indicated time
Payments accepted: CB, checks, holiday checks, cash..



Tourist Office of Arêches and Beaufort: Open every day 9am-12pm and 2pm– 6pm
Contact tourist office: 04 79 38 15 33 or 04 79 38 37 57

The Animascope and the cinema program are non-contractual documents, the information is indicative.